# Reference Guide \& Formula Sheet for Physics 

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Components of a Vector

$$
\text { if } \quad \mathbf{V}=\underset{\text { then }}{\mathbf{3 4} \mathrm{m} / \mathrm{sec} \quad \mathbf{4 8}^{\circ}}
$$

$V_{i}=\mathbf{3 4} \mathrm{m} / \sec \cdot\left(\boldsymbol{\operatorname { c o s }} 48^{\circ}\right)$; and $V_{\mathrm{J}}=\mathbf{3 4} \mathrm{m} / \sec \cdot\left(\boldsymbol{\operatorname { s i n }} 48^{\circ}\right)$

Power = rate of work done

$$
\text { Power }=\frac{\text { Work }}{\text { time }} \quad \text { unit }: \text { watt }
$$

Efficiency $=$ Work $_{\text {out }} /$ Energy $_{\text {in }}$
Mechanical Advantage = force out $/$ force in
M.A. $=\mathrm{F}_{\text {out }} / \mathrm{F}_{\text {in }}$

## Work $=\mathbf{F} \cdot \mathbf{D} \cdot \boldsymbol{\operatorname { c o s }}$

Where D is the distance moved and
(is the angle between $\mathbf{F}$ and the direction of motion, unit : J

Constant-Acceleration Linear Motion

$$
\begin{array}{rlrl}
\mathrm{v} & =\mathrm{v} \mid+\mathrm{a} \bullet \mathrm{t} & & \mathrm{x} \\
(\mathrm{x}-\mathrm{x} \mid) & =\mathrm{v} \mid \bullet \mathrm{t}+1 / 2 \cdot \mathrm{a} \bullet \mathrm{t}^{2} & & \mathrm{v} \\
\mathrm{v}^{2} & =\left.\mathrm{v}\right|^{2}+2 \cdot a \bullet(\mathrm{x}-\mathrm{x} \mid) \mathrm{t} \\
(\mathrm{x}-\mathrm{x} \mid) & =1 / 2 \bullet(\mathrm{v} \mid+\mathrm{v}) \bullet \mathrm{t} & & \mathrm{a} \\
(\mathrm{x}-\mathrm{x} \mid) & =\mathrm{v} \bullet \mathrm{t}-1 / 2 \cdot \mathrm{a} \bullet \mathrm{t}^{2} & & \mathrm{v} \mid
\end{array}
$$

## Heating a Solid, Liquid or Gas

$$
\begin{array}{r}
\mathrm{Q}=\mathrm{m} \cdot \mathrm{c} \cdot \square \mathrm{~T} \quad \text { (no phase changes!) } \\
\mathrm{Q}=\text { the heat added } \\
\mathrm{c}=\text { specific heat. } \\
\square \mathrm{T}=\text { temperature change, } \mathrm{K}
\end{array}
$$

## Linear Momentum

momentum $=\mathbf{p}=\mathrm{m} \bullet \mathrm{v}=$ mass $\cdot$ velocity momentum is conserved in collisions

Center of Mass - point masses on a line

$$
\mathrm{x}_{\mathrm{cm}}=\bigcirc(\mathrm{mx}) / \mathrm{M}_{\mathrm{total}}
$$

## Angular Speed vs. Linear Speed

Linear speed $=\mathrm{v}=\mathrm{r} \bullet\rceil=\mathrm{r} \bullet$ angular speed

## Pressure under Water

$$
\mathrm{P}=\rangle \cdot \mathrm{g} \cdot \mathrm{~h}
$$

$h=$ depth of water
$\rangle=$ density of water

## Universal Gravitation

$$
\begin{aligned}
& F=G \frac{m_{1} m_{2}}{r^{2}} \\
& \\
& \quad \mathrm{G}=6.67 \mathrm{E}-11 \mathrm{~N} \mathrm{~m}^{2} / \mathrm{kg}^{2}
\end{aligned}
$$

## Mechanical Energy

$$
\begin{aligned}
& \mathrm{PE}_{\text {Grav }}=\mathrm{P}=\mathrm{m} \cdot \mathrm{~g} \cdot \mathrm{~h} \\
& \mathrm{KE}_{\text {Linear }}=\mathrm{K}=1 / 2 \cdot \mathrm{~m} \cdot \mathrm{~V}^{2}
\end{aligned}
$$

Impulse $=$ Change in Momentum

$$
\mathrm{F} \bullet \square \mathrm{t}=\square(\mathrm{m} \bullet \mathrm{v})
$$

## Snell's Law

$$
\mathrm{n}_{1} \cdot \sin {l_{1}=\mathrm{n}_{2} \cdot \sin , ~}_{\text {and }}
$$

${ }_{2}$ Index of Refraction

$$
\begin{aligned}
& \mathrm{n}=\mathrm{c} / \mathrm{v} \\
& \mathrm{c}=\text { speed of light }=3 \mathrm{E}+8 \mathrm{~m} / \mathrm{s}
\end{aligned}
$$

Ideal Gas Law

$$
\begin{aligned}
& \mathrm{P} \cdot \mathrm{~V}=\mathrm{n} \cdot \mathrm{R} \cdot \mathrm{~T} \\
& \mathrm{n}=\text { \# of moles of gas } \\
& \mathrm{R}=\text { gas law constant } \\
&=8.31 \mathrm{~J} / \mathrm{K} \text { mole. }
\end{aligned}
$$

Periodic Waves

$$
\begin{aligned}
& \mathrm{v}=f \bullet\llcorner \\
& f=1 / \mathrm{T} \quad \mathrm{~T}=\text { period of wave }
\end{aligned}
$$

Constant-Acceleration Circular Motion

$$
\begin{aligned}
& \rceil=\rceil_{\mid}+\langle\bullet \bullet
\end{aligned}
$$

$$
\begin{align*}
& \rceil_{2}=\right\rceil_{1}+2 \cdot\left\langle\cdot\left(\square_{\mid}\right)\right. \\
& \square_{\mid}=1 / 2 \bullet(7 \mid+7) \bullet t  \tag{1}\\
& \square \mid=7 \cdot t-1 / 2 \cdot \bullet \bullet t^{2}
\end{align*}
$$

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\#36 Buoyant Force - Buoyancy
$\left.\mathrm{F}_{\mathrm{B}}=\right\rangle \cdot \mathrm{V} \cdot \mathrm{g}=\mathrm{m}_{\text {Displaced fluid }} \cdot \mathrm{g}=$ weight $_{\text {Displaced fluid }}$
$\rangle=$ density of the fluid
$\mathrm{V}=$ volume of fluid displaced
\#51

Heat of a Phase Change
$\mathrm{Q}=\mathrm{m} \cdot \mathrm{L}$
$L=$ Latent Heat of phase change

Hooke's Law

$$
\mathrm{F}=\mathrm{k} \cdot \mathrm{x}
$$

Potential Energy of a spring

$$
\mathrm{W}=1 / 2 \cdot \mathrm{k} \cdot \mathrm{x}^{2}=\text { Work done on spring }
$$

## Projectile Motion

Horizontal: $\mathrm{x}-\mathrm{x}|=\mathrm{v}| \bullet \mathrm{t}+0$
Vertical: $y-y|=v| \bullet t+1 / 2 \cdot a \bullet t^{2}$
Centripetal Force

$$
\left.F=\frac{m v^{2}}{}=m\right\rceil^{2} r
$$

Kirchhoff's Laws
Loop Rule: © Around any loop $^{\mathrm{V}_{\mathrm{i}}=0}$
Node Rule: $\mathbb{C}_{\text {at any node }} \mathrm{I}_{\mathrm{i}}=0$

$$
\begin{gathered}
\text { Minimum Speed at the top of a } \\
\text { Vertical Circular Loop } \\
v=\sqrt{r g}
\end{gathered}
$$

Speed of a Wave on a String

$$
T=\begin{array}{ll}
\frac{m v^{2}}{L} & \\
& \begin{array}{l}
\mathrm{T}=\text { tension in string } \\
\mathrm{m}=\text { mass of string } \\
\mathrm{L}=\text { length of string }
\end{array}
\end{array}
$$

Capacitors $\quad \mathrm{Q}=\mathrm{C} \cdot \mathrm{V}$
$\mathrm{Q}=$ charge on the capacitor
$\mathrm{C}=$ capacitance of the capacitor $\mathrm{V}=$ voltage applied to the capacitor
RC Circuits (Discharging)

$$
\begin{gathered}
\mathrm{V}_{\mathrm{c}}=\mathrm{V}_{\mathrm{o}} \cdot \mathrm{e}^{\mathrm{t} / \mathrm{RC}} \\
\mathrm{~V}_{\mathrm{c}} \square \mathrm{I} \cdot \mathrm{R}=0
\end{gathered}
$$

\#60 Thermal Expansion
Linear: $\square \mathrm{L}=\mathrm{L}_{\mathrm{o}} \cdot\langle\bullet \square \mathrm{T}$
Volume: $\square \mathrm{V}=\mathrm{V}_{\mathrm{o}} \bullet ® \bullet \square \mathrm{~T}$
\#61 Bernoulli's Equation
$\mathrm{P}+\rangle \cdot \mathrm{g} \cdot \mathrm{h}+1 / 2 \cdot\rangle \cdot \mathrm{v}^{2}=\mathrm{constant}$
$\mathrm{Q}_{\text {Volume Flow Rate }}=\mathrm{A}_{1} \bullet \mathrm{~V}_{1}=\mathrm{A}_{2} \cdot \mathrm{~V}_{2}=$ constant
\#62 Rotational Kinetic Energy (See LEM, pg 8)

$$
\begin{gathered}
\mathrm{KE}_{\text {rotational }}=1 / 2 \cdot \mathrm{I} \cdot \mathrm{~T}^{2}=1 / 2 \cdot \mathrm{I} \cdot(\mathrm{v} / \mathrm{r})^{2} \\
\mathrm{KE}_{\text {rolling w/o slipping }}=1 / 2 \cdot \mathrm{~m} \cdot \mathrm{v}^{2}+1 / 2 \cdot \mathrm{I} \cdot 7
\end{gathered}
$$

Angular Momentum $=\mathbf{L}=\mathrm{I} \cdot\rceil=\mathrm{m} \cdot \mathrm{v} \cdot \mathrm{r} \cdot \mathrm{sin}$
(Angular Impulse equals
CHANGE IN Angular Momentum

$$
\square=\left.\right|_{\text {orque }} \bullet \mathrm{t}=\square(\mathrm{I} \cdot 7)
$$

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\#63 Period of Simple Harmonic Motion

$$
T=2 \square \sqrt{\frac{m}{k}} \quad \text { where } \mathrm{k}=\text { spring constant }
$$

$f=1 / \mathrm{T}=1 /$ period
\#75
Thin Lens Equation

$$
\frac{1}{f}=\frac{1}{D_{o}}+\frac{1}{D_{i}}=\frac{1}{o}+\frac{1}{i} \quad \begin{array}{r}
f=\text { focal length } \\
\mathrm{i}=\text { image distance } \\
0=\text { object distance }
\end{array}
$$

## Magnification

$$
\mathrm{M}=\square \mathrm{D}_{\mathrm{i}} / \mathrm{D}_{\mathrm{o}}=\square \mathrm{i} / \mathrm{o}=\mathrm{H}_{\mathrm{i}} / \mathrm{H}_{\mathrm{o}}
$$

Helpful reminders for mirrors and lenses
Focal Length of:
mirror
lens converging diverging
Object distance $=0$ all objects
Object height $=\mathrm{H}_{\mathrm{O}} \quad$ all objects
Image distance $=\mathrm{i}$ real virtual
Image height $=\mathrm{H}_{\mathrm{i}} \quad$ virtual, upright real, inverted
Magnification
\#76 Coulomb's Law

$$
\begin{gathered}
F=k \frac{q_{1} q_{2}}{r^{2}} \\
k=\frac{1}{4 \square \sum_{o}}=9 E 9 \frac{N \theta m^{2}}{C^{2}}
\end{gathered}
$$

## Capacitor Combinations

PARALLEL

$$
\begin{gathered}
\mathrm{C}_{\mathrm{eq}}=\mathrm{C}_{1}+\mathrm{C}_{2}+\mathrm{C}_{3}+\ldots \\
\text { SERIES } \\
\frac{1}{\epsilon_{e q}}=\frac{1}{C_{1}}+\frac{1}{C_{2}}+\mathrm{K}+\frac{1}{C_{n}}={ }_{i=1}^{n} \frac{1}{C_{i}}
\end{gathered}
$$

\#78 Work done on a gas or by a gas

$$
\mathrm{W}=\mathrm{P} \cdot \square \mathrm{~V}
$$

\#80 Electric Field around a point charge

$$
\begin{gathered}
E=k \frac{q}{r^{2}} \\
k=\frac{1}{4 \square \sum_{o}}=9 E 9 \frac{N \theta m^{2}}{C^{2}}
\end{gathered}
$$

Magnetic Field around a wire

$$
\begin{gathered}
\frac{\propto_{o} I}{2 \square r} \\
\text { Magnetic Flux } \\
\sqrt{B}=\mathrm{B} \cdot \mathrm{~A} \cdot \cos
\end{gathered}
$$

Force caused by a magnetic field on a moving charge

$$
\mathrm{F}=\mathrm{q} \cdot \mathrm{v} \cdot \mathrm{~B} \cdot \sin (
$$

$$
\mathrm{S}=\mathrm{Q} / \mathrm{T}
$$

(Phase changes only: melting, boiling, freezing, etc)

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\#84
\#85

Capacitance of a Capacitor

$$
\begin{aligned}
\mathrm{C} & =\mid \cdot \sum_{\mathrm{o}} \cdot \mathrm{~A} / \mathrm{d} \\
\mid & =\text { dielectric constant } \\
\mathrm{A} & =\text { area of plates } \\
\mathrm{d} & =\text { distance between plates } \\
\sum_{\mathrm{o}} & =8.85 \mathrm{E}(-12) \mathrm{F} / \mathrm{m}
\end{aligned}
$$

$$
\text { Induced Voltage } \quad \mathrm{N}=\# \text { of loops }
$$

$$
E m f=N \frac{\square \sqrt{ }}{\square t}
$$

Lenz's Law - induced current flows to create a B-field opposing the change in magnetic flux.

Inductors during an increase in current

$$
\begin{gathered}
V_{L}=V_{\text {cell }} \cdot \mathrm{e}^{[(\mathrm{L} / \mathrm{R})} \\
\mathrm{I}=\left(\mathrm{V}_{\text {cell }} / \mathrm{R}\right) \cdot\left[1-\mathrm{e}^{\square \mathrm{t} / \mathrm{L} / \mathrm{R})}\right] \\
\mathrm{L} / \mathrm{R}=\mid=\text { time constant }
\end{gathered}
$$

Poiseuille's Law

$$
\begin{aligned}
& \square \mathrm{P}=8 \cdot \mid \cdot \mathrm{L} \cdot \mathrm{Q} /\left(\square \cdot \mathrm{r}^{4}\right) \\
& \mid=\text { coefficient of viscosity } \\
& \mathrm{L}=\text { length of pipe } \\
& \mathrm{r}=\text { radius of pipe } \\
& \mathrm{Q}=\text { flow rate of fluid }
\end{aligned}
$$

## Stress and Strain

$$
\begin{gathered}
\mathbf{Y} \text { or } \mathbf{S} \text { or } \mathbf{B}=\text { stress } / \text { strain } \\
\text { stress }=\mathbf{F} / \mathbf{A}
\end{gathered}
$$

Three kinds of strain: unit-less ratios
I. Linear: strain $=\square \mathrm{L} / \mathrm{L}$
II. Shear: strain $=\square x / L$
II. Shear: strain $=\square x / L$
III. Volume: strain $=\square V / V$

Postulates of Special Relativity

1. Absolute, uniform motion cannot be detected.
2. No energy or mass transfer can occur at speeds faster than the speed of light.

Lorentz Transformation Factor

$$
{ }_{2}^{\circledR}=\sqrt{1 \square \frac{v^{2}}{c}}
$$

## Decibel Scale

B $($ Decibel level of sound $)=10 \log \left(I / I_{o}\right)$
$\mathrm{I}=$ intensity of sound
$I_{o}=$ intensity of softest audible sound

$$
\begin{aligned}
\mathrm{N}_{1} / \mathrm{N}_{2} & =\mathrm{V}_{1} / \mathrm{V}_{2} \\
\mathrm{I}_{1} \cdot \mathrm{~V}_{1} & =\mathrm{I}_{2} \cdot \mathrm{~V}_{2}
\end{aligned}
$$

d
号

## Radioactive Decay Rate Law

$$
\begin{aligned}
\mathrm{A}=\mathrm{A}_{\mathrm{o}} \cdot \mathrm{e}^{\square \mathrm{kt}} & =\left(1 / 2^{\mathrm{n}}\right) \cdot \mathrm{A}_{0} \quad(\text { after } \mathrm{n} \text { half-lives }) \\
\text { Where } \mathrm{k} & =(\ln 2) / \text { half-life }
\end{aligned}
$$

## Blackbody Radiation and

 the Photoelectric Effect$\mathrm{E}=\mathrm{n} \bullet \mathrm{h} \bullet f$ where $\mathrm{h}=$ Planck's constant

## Early Quantum Physics

Rutherford-Bohr Hydrogen-like Atoms

$$
\Sigma=R \theta\left\{\frac{1}{n^{2}} \square \frac{1}{n^{2}}\right\} \text { meters }{ }^{\square 1}
$$

or

$$
\begin{aligned}
f=\frac{c}{[ } & =c R\left\{\frac{1}{n_{s}^{2}} \square \frac{1}{n^{2}}\right\} H z \\
\mathrm{R} & =\text { Rydberg's Constant } \\
& =1.097373143 \mathrm{E} 7 \mathrm{~m}^{-1} \\
\mathrm{n}_{\mathrm{s}} & =\text { series integer }(2=\text { Balmer }) \\
\mathrm{n} & =\text { an integer }>\mathrm{n}_{\mathrm{s}}
\end{aligned}
$$

## Mass-Energy Equivalence

$$
\begin{gathered}
\mathrm{m}_{\mathrm{v}}=\mathrm{m}_{\mathrm{o}} / ® \\
\text { Total Energy }=\mathrm{KE}+\mathrm{m}_{0} \mathrm{c}^{2}=\mathrm{m}_{0} \mathrm{c}^{2} / \\
\text { ® Usually written simply as } \quad \mathrm{E}=\mathrm{m}
\end{gathered}
$$

## de Broglie Matter Waves

For light:

$$
\mathrm{E}_{\mathrm{p}}=\mathrm{h} \bullet f=\mathrm{h} \cdot \mathrm{c} / \lambda=\mathrm{p} \cdot \mathrm{c}
$$

Therefore, momentum: $p=h / \lambda$
Similarly for particles, $\mathrm{p}=\mathrm{m} \cdot \mathrm{v}=\mathrm{h} / \lambda$, so the matter wave's wavelength must be

$$
\lambda=\mathrm{h} / \mathrm{mv}
$$

## Energy Released by Nuclear

Fission or Fusion Reaction

$$
\mathrm{E}=\Delta \mathrm{m}_{0} \cdot \mathrm{c}^{2}
$$

## Reference Guide \& Formula Sheet for Physics

## MISCELLANEOUS FORMULAS

> Quadratic Formula
> if $\mathrm{ax} \mathrm{x}^{2}+\mathrm{bx}+\mathrm{c}=0$
> then
> $x=\frac{\square b \pm \sqrt{b^{2} \square 4 a c}}{2 a}$

Trigonometric Definitions
$\sin \theta=$ opposite / hypotenuse
$\cos \theta=$ adjacent / hypotenuse
$\tan \theta=$ opposite $/$ adjacent

$$
\begin{aligned}
& \sec \theta=1 / \cos \theta=\text { hyp } / \text { adj } \\
& \csc \theta=1 / \sin \theta=\text { hyp } / \text { opp } \\
& \cot \theta=1 / \tan \theta=\text { adj } / \text { opp }
\end{aligned}
$$

## Inverse Trigonometric Definitions

$$
\begin{aligned}
& \theta=\sin ^{-1}(\text { opp } / \text { hyp }) \\
& \theta=\cos ^{-1}(\mathrm{adj} / \mathrm{hyp}) \\
& \theta=\tan ^{-1}(\mathrm{opp} / \mathrm{adj})
\end{aligned}
$$

## Law of Sines

$\mathrm{a} / \sin \mathrm{A}=\mathrm{b} / \sin \mathrm{B}=\mathrm{c} / \sin \mathrm{C}$ or $\sin \mathrm{A} / \mathrm{a}=\sin \mathrm{B} / \mathrm{b}=\sin \mathrm{C} / \mathrm{c}$

## Law of Cosines

$a^{2}=b^{2}+c^{2}-2 b c \cos A$
$b^{2}=c^{2}+a^{2}-2 c a \cos B$
$c^{2}=a^{2}+b^{2}-2 a b \cos C$

## T-Pots

For the functional form

$$
\frac{1}{A}=\frac{1}{B}+\frac{1}{C}
$$

You may use "The Product over the Sum" rule.

$$
A=\frac{B € C}{B+C}
$$

For the Alternate Functional form

$$
\frac{1}{A}=\frac{1}{B} \square \frac{1}{C}
$$

You may substitute T-Pot-d

$$
A=\frac{B \oplus C}{C \square B}=\square \frac{B \oplus C}{B \square C}
$$

|  |  | Page 5 of 8 |
| :---: | :---: | :---: |
| Fundamental SI Units |  |  |
| Unit | Base Unit | Symbol |
| Length | meter | m |
| Mass | kilogram | kg |
| Time | second | s |
| Electric |  |  |
| Current | ampere | A |
| Thermodynamic |  |  |
| Temperature | kelvin | K |
| Luminous Intensity | candela | cd |
| Quantity of Substance | moles | mol |
| Plane Angle | radian | rad |
| Solid Angle | steradian | sr or str |
| Some Derived SI Units |  |  |
| Symbol/Unit | Quantity | Base Units |
| C coulomb | Electric Charge | A-s |
| F farad | Capacitance | $\mathrm{A}^{2} \cdot \mathrm{~s} 4 /\left(\mathrm{kg} \cdot \mathrm{m}^{2}\right)$ |
| H henry | Inductance | $\mathrm{kg} \cdot \mathrm{m}^{2} /\left(\mathrm{A}^{2} \cdot \mathrm{~s}^{2}\right)$ |
| Hz hertz | Frequency | $\mathrm{s}^{-1}$ |
| J joule | Energy \& Work | $\mathrm{kg} \cdot \mathrm{m}^{2} / \mathrm{s}^{2}=\mathrm{N} \cdot \mathrm{m}$ |
| N newton | Force | $\mathrm{kg} \cdot \mathrm{m} / \mathrm{s}^{2}$ |
| $\Omega$ ohm | Elec Resistance | $\mathrm{kg} \cdot \mathrm{m}^{2} /\left(\mathrm{A}^{2} \cdot \mathrm{~s}^{2}\right)$ |
| Pa pascal | Pressure | $\mathrm{kg} /\left(\mathrm{m} \cdot \mathrm{s}^{2}\right)$ |
| T tesla | Magnetic Field | $\mathrm{kg} /\left(\mathrm{A} \cdot \mathrm{s}^{2}\right)$ |
| V volt | Elec Potential | $\mathrm{kg} \cdot \mathrm{m}^{2} /\left(\mathrm{A} \cdot \mathrm{s}^{3}\right)$ |
| W watt | Power | $\mathrm{kg} \cdot \mathrm{m}^{2} / \mathrm{s}^{3}$ |
| Non-SI Units |  |  |
| ${ }^{\circ} \mathrm{C}$ degrees Cels | ius Temper | ature |
| eV electron-vol | $t$ Energy, | Work |

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Aa acceleration, Area, $\mathrm{A}_{\mathrm{x}}=$ Cross-sectional Area, Amperes, Amplitude of a Wave, Angle,
Bb Magnetic Field, Decibel Level of Sound, Angle,
Cc specific heat, speed of light, Capacitance, Angle, Coulombs, ${ }^{\circ}$ Celsius, Celsius Degrees, candela,
Dd displacement, differential change in a variable, Distance, Distance Moved, distance,
Ee base of the natural logarithms, charge on the electron, Energy,
Ff Force, frequency of a wave or periodic motion, Farads,
Gg Universal Gravitational Constant, acceleration due to gravity, Gauss, grams, Giga-,
Hh depth of a fluid, height, vertical distance, Henrys, Hz=Hertz,
Ii Current, Moment of Inertia, image distance, Intensity of Sound,
Jj Joules,
$\mathbf{K k} \mathrm{K}$ or $\mathrm{KE}=$ Kinetic Energy, force constant of a spring, thermal conductivity, coulomb's law constant, kg=kilograms, Kelvins, kilo-, rate constant for Radioactive decay $=1 / \mid=\ln 2 /$ half-life,
Ll Length, Length of a wire, Latent Heat of Fusion or Vaporization, Angular Momentum, Thickness, Inductance,
Mm mass, Total Mass, meters, milli-, Mega-, $\mathrm{m}_{\mathrm{o}}=$ rest mass, mol=moles,
Nn index of refraction, moles of a gas, Newtons, Number of Loops, nano-,
Oo
Pp Power, Pressure of a Gas or Fluid, Potential Energy, momentum, Power, Pa=Pascal,
Qq Heat gained or lost, Maximum Charge on a Capacitor, object distance, Flow Rate,
$\mathbf{R r}$ radius, Ideal Gas Law Constant, Resistance, magnitude or length of a vector, rad=radians
Ss speed, seconds, Entropy, length along an arc,
Tt time, Temperature, Period of a Wave, Tension, Teslas, $\mathrm{t}_{1 / 2}=$ half-life,
Uu Potential Energy, Internal Energy,
Vv velocity, Velocity, Volume of a Gas, velocity of wave, Volume of Fluid Displaced, Voltage, Volts,
Ww weight, Work, Watts, $\mathrm{Wb}=$ Weber,
$\mathbf{X x}$ distance, horizontal distance, x -coordinate east-and-west coordinate,
Yy vertical distance, y-coordinate, north-and-south coordinate,
$\mathbf{Z z}$ z-coordinate, up-and-down coordinate,
$\mathfrak{J}$ < Alpha angular acceleration, coefficient of linear expansion,
$\mathfrak{R} ®$ Beta coefficient of volume expansion, Lorentz transformation factor,
. $\mid$ Chi
$\square^{\mathrm{TM}}$ Delta $\square=$ change in a variable,
$\oplus \Sigma$ Epsilon $\sum_{l}=$ permittivity of free space,
V Phi Magnetic Flux, angle,
$\wp \subset$ Gamma surface tension $=\mathrm{F} / \mathrm{L}$, $1 / 0=$ Lorentz transformation factor,
) Eta
〕 Iota
$\nabla \Pi$ Theta and Phi lower case alternates. $\supseteq$ Kappa dielectric constant,
$\not \subset\lfloor$ Lambda wavelength of a wave, rate constant for Radioactive decay $=1 / \mid=\ln 2 /$ half-life,
$\subset \propto \mathbf{M u}$ friction, $\propto_{0}=$ permeability of free space, micro-,
$\subseteq \mathbf{N u}$ alternate symbol for frequency,
$\notin \mid$ Omicron
$\angle \square$ Pi 3.1425926536...,
$\cup$ Theta angle between two vectors,
$\nabla\rangle$ Rho density of a solid or liquid, resistivity,
© $\int$ Sigma Summation, standard deviation,
тм $\mid$ Tau torque, time constant for a exponential processes; eg $\mid=R C$ or $\mid=L / R$ or $\mid=1 / k=1 / L$,
ПJ Upsilon
$\int \sqrt{ }$ Zeta and Omega lower case alternates
$\&\rceil$ Omega angular speed or angular velocity, Ohms
$\in \backslash \mathbf{X i}$
$\neg)$ Psi
$\varnothing($ Zeta

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Values of Trigonometric Functions
for $1^{\text {st }}$ Quadrant Angles
(simple mostly-rational approximations)

| 1 | $\sin$ | $\boldsymbol{\operatorname { c o s }}$ | $\boldsymbol{t a n}$ |
| :---: | :---: | :---: | :---: |
| $0^{\text {o }}$ | 0 | 1 | 0 |
| $10^{\circ}$ | 1/6 | 65/66 | 11/65 |
| $15^{\circ}$ | 1/4 | 28/29 | 29/108 |
| $20^{\circ}$ | 1/3 | 16/17 | 17/47 |
| $29^{\circ}$ | $15^{1 / 2} / 8$ | 7/8 | $15^{1 / 2} / 7$ |
| $30^{\circ}$ | 1/2 | $3^{1 / 2} / 2$ | $1 / 3^{1 / 2}$ |
| $37^{\circ}$ | 3/5 | 4/5 | 3/4 |
| $42^{\circ}$ | 2/3 | 3/4 | 8/9 |
| $45^{\circ}$ | $2^{1 / 2} / 2$ | $2^{1 / 2} / 2$ | 1 |
| $49^{\circ}$ | 3/4 | 2/3 | 9/8 |
| $53^{\circ}$ | 4/5 | 3/5 | 4/3 |
| 60 | $3^{1 / 2} / 2$ | 1/2 | $3^{1 / 2}$ |
| $61^{\circ}$ | 7/8 | $15^{1 / 2} / 8$ | $7 / 15^{1 / 2}$ |
| $70^{\circ}$ | 16/17 | 1/3 | 47/17 |
| $75^{\circ}$ | 28/29 | 1/4 | 108/29 |
| $80^{\circ}$ | 65/66 | 1/6 | 65/11 |
| $90^{\circ}$ | 1 | 0 | $\infty$ |

(Memorize the Bold rows for future reference.)

## Derivatives of Polynomials

For polynomials, with individual terms of the form $\mathrm{Ax}^{\mathrm{n}}$, we define the derivative of each term as

$$
\frac{d}{d x}\left(A x^{n}\right)=n A x^{n \square 1}
$$

To find the derivative of the polynomial, simply add the derivatives for the individual terms:

$$
\frac{d}{d x}\left(3 x^{2}+6 x \square 3\right)=6 x+6
$$

## Integrals of Polynomials

For polynomials, with individual terms of the form $\mathrm{Ax}^{\mathrm{n}}$, we define the indefinite integral of each term as

$$
+\left(A x^{n}\right) d x=\frac{1}{n+1} A x^{n+1}
$$

To
find the indefinite integral of the polynomial, simply add the integrals for the individual terms and the constant of integration, C .

$$
+(6 x+6) d x=\left[3 x^{2}+6 x+C\right]
$$

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## Prefixes

Factor Prefix Symbol Example

| $10^{18}$ | exa- | E | 38 Es (Age of the Universe in Seconds) |
| :---: | :---: | :---: | :---: |
| $10^{15}$ | peta- | P |  |
| $10^{12}$ | tera- | T | 0.3 TW (Peak power of a 1 ps pulse from a typical Nd-glass laser) |
| $10^{9}$ | giga- | G | 22 G\$ (Size of Bill \& Melissa Gates’ Trust) |
| $10^{6}$ | mega- | M | 6.37 Mm (The radius of the Earth) |
| $10^{3}$ | kilo- | k | 1 kg (SI unit of mass) |
| $10^{-1}$ | deci- | d | 10 cm |
| $10^{-2}$ | centi- | c | 2.54 cm (=1 in) |
| $10^{-3}$ | milli- | m | 1 mm (The smallest division on a meter stick) |


| $10^{-6}$ | micro- | $\mu$ |  |
| :--- | :--- | :--- | :--- |
| $10^{-9}$ | nano- | n | $\mathbf{5 1 0} \mathbf{~ n m}$ (Wave- <br> length of green <br> light) |
| $10^{-12}$ | pico- | p | $\mathbf{1} \mathbf{~ p g ~ ( T y p i c a l ~}$ <br> mass of a DNA <br> sample used in <br> genome |
| $10^{-15}$ | femto- | f | studies) |
| $10^{-18}$ | atto- | a | 600 as (Time <br> duration of the <br> shortest laser |
| pulses) |  |  |  |

## Reference Guide \& Formula Sheet for Physics

## Linear Equivalent Mass

Rotating systems can be handled using the linear forms of the equations of motion. To do so, however, you must use a mass equivalent to the mass of a non-rotating object. We call this the Linear Equivalent Mass (LEM). (See Example I)

For objects that are both rotating and moving linearly, you must include them twice; once as a linearly moving object (using m ) and once more as a rotating object (using LEM). (See Example II)

The LEM of a rotating mass is easily defined in terms of its moment of inertia, I.

$$
\mathrm{LEM}=\mathrm{I} / \mathrm{r}^{2}
$$

For example, using a standard table of Moments of Inertia, we can calculate the LEM of simple objects rotating on axes through their centers of mass:

|  | I | LEM |
| :---: | :---: | :---: |
| Cylindrical hoop | $\mathrm{mr}^{2}$ | m |
| Solid disk | $1 / 2 \mathrm{mr}^{2}$ | $1 / 2 \mathrm{~m}$ |
| Hollow sphere | ${ }_{5}^{2} \mathrm{mr}^{2}$ | ${ }_{5}^{2} \mathrm{~m}$ |
| Solid sphere | $2 / 3 \mathrm{mr}^{2}$ | 2/3m |

## Example I

A flywheel, $\mathrm{M}=4.80 \mathrm{~kg}$ and $\mathrm{r}=0.44 \mathrm{~m}$, is wrapped with a string. A hanging mass, m , is attached to the end of the string.

When the hanging mass is released, it accelerates downward at $1.00 \mathrm{~m} / \mathrm{s}^{2}$. Find the hanging
 mass.

To handle this problem using the linear form of Newton's Second Law of Motion, all we have to do is use the LEM of the flywheel. We will assume, here, that it can be treated as a uniform solid disk.

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The only external force on this system is the weight of the hanging mass. The mass of the system consists of the hanging mass plus the linear equivalent mass of the fly-wheel. From Newton's $2^{\text {nd }}$ Law we have

$$
\begin{array}{ll}
\mathrm{F}=\mathrm{ma}, \text { therefore, } \quad & \mathrm{mg}=[\mathrm{m}+(\mathrm{LEM}=1 / 2 \mathrm{M})] \mathrm{a} \\
& \mathrm{mg}=[\mathrm{m}+1 / 2 \mathrm{M}] \mathrm{a} \\
& (\mathrm{mg}-\mathrm{ma})=1 / 2 \mathrm{M} \mathrm{a} \\
& \mathrm{~m}(\mathrm{~g} \square \mathrm{a})=1 / 2 \mathrm{Ma} \\
& \mathrm{~m}=1 / 2 \cdot \mathrm{M} \cdot \mathrm{a} /(\mathrm{g} \square \mathrm{a}) \\
& \mathrm{m}=1 / 2 \cdot 4.8 \cdot 1.00 /(9.81 \square 1) \\
& \mathrm{m}=0.27 \mathrm{~kg} \\
\text { If } \mathrm{a}=\mathrm{g} / 2=4.905 \mathrm{~m} / \mathrm{s}^{2}, & \mathrm{~m}=2.4 \mathrm{~kg} \\
\text { If } \mathrm{a}=3 / 4 \mathrm{~g}=7.3575 \mathrm{~m} / \mathrm{s}^{2}, & \mathrm{~m}=7.2 \mathrm{~kg}
\end{array}
$$

Note, too, that we do not need to know the radius unless the angular acceleration of the fly-wheel is requested. If you need $\langle$, and you have $r$, then $\langle=a / r$.

## Example II

Find the kinetic energy of a disk, $\mathrm{m}=6.7 \mathrm{~kg}$, that is moving at $3.2 \mathrm{~m} / \mathrm{s}$ while rolling without slipping along a flat, horizontal surface. $\left(\mathrm{I}_{\text {DISK }}=1 / 2 \mathrm{mr}^{2} ; \mathrm{LEM}=1 / 2 \mathrm{~m}\right)$

The total kinetic energy consists of the linear kinetic energy, $K_{L}=1 / 2 \mathrm{mv}^{2}$, plus the rotational kinetic energy, $K_{R}=1 / 2(\mathrm{I})(\mathrm{l})^{2}=1 / 2(\mathrm{I})(\mathrm{v} / \mathrm{r})^{2}=1 / 2\left(\mathrm{I} / \mathrm{r}^{2}\right) \mathrm{v}^{2}=1 / 2($ LEM $) \mathrm{v}^{2}$.

$$
\begin{aligned}
& \mathrm{KE}=1 / 2 \mathrm{mv}^{2}+1 / 2 \cdot(\mathrm{LEM}=1 / 2 \mathrm{~m}) \cdot \mathrm{v}^{2} \\
& \mathrm{KE}=1 / 2 \cdot 6.7 \cdot 3.2^{2}+1 / 2 \cdot(1 / 2 \cdot 6.7) \cdot 3.2^{2} \\
& \mathrm{KE}=34.304+17.152=51 \mathrm{~J}
\end{aligned}
$$

## Final Note:

This method of incorporating rotating objects into the linear equations of motion works in every situation I've tried; even very complex problems. Work your problem the classic way and this way to compare the two. Once you've verified that the LEM method works for a particular type of problem, you can confidently use it for solving any other problem of the same type.

